



Ponderings from the Pastor's Pen

November can be a challenging month. I've learned to appreciate November more than I once did; I do like that cooler weather leads to cozy indoor gatherings, curling up with a good book, and pouring out gratitude on Thanksgiving. Yet, the fact remains that November is a month of transition. The beautiful autumn leaves fall away, leaving only bare branches. The brilliant blue skies of summer give way to grayer skies of winter. The days get shorter and daylight savings time ends. Even Thanksgiving itself can be a tough day for families in the midst of transitions of our own.

And so, for those of us who may be experiencing November as a month of difficult transition this year, I want to share a couple of Bible verses I've been leaning on lately to remind us that God is with us, leading us through even our most challenging seasons of change:

Deuteronomy 31:8 assures us, "Do not be afraid or discouraged, for the Lord will personally go ahead of you. He will be with you; he will neither fail you nor abandon you."

Isaiah 41:13 promises, "For I hold you by your right

hand—I, the Lord your God. And I say to you, 'Don't be afraid. I am here to help you.'"

As I reflect on these verses, I trust that while sometimes my challenges may seem insurmountable, there is nothing that God and I cannot do together. I believe the same is true for you.

So whether this November is a joyous month of gratitude and cozy gatherings with family and friends, or whether this November feels a little desolate and difficult for you, know that God goes before you, he will never fail you, and he holds you by the hand as you navigate through all the joys and sorrows this month may hold.

I'm praying for you, dear friends, and I look forward to seeing you soon as we worship and serve together with the Menomonie United Methodist Church.

In the grip of God's grace,
Pastor Wendy



Charge Conference on November 6 at 6:30 pm

Every fall we meet together with our District Superintendent to approve our budget and elect our leaders for the coming year. Our leaders on the Accountable Leadership Board have been working hard to prepare for this meeting, and everyone at the church is welcome to attend. This year we even have a new Lay Servant to approve: Sarah Zarbock has completed both the Basic Lay Servant class and one advanced class, so she joins Kevin Klatt, Sally Casper, and Pat Cederholm as a trained lay servant in our church! There will also be a video message from our Bishop and a chance to celebrate all that we've accomplished this year and set our goals for the year ahead. Join us right after Monday's Meal, at 6:30 p.m. on November 6 if you'd like to attend.

Grief Class on "Surviving the Holidays"

There are two classes offered in our circuit this year for anyone struggling with grief during the holidays. Often, it is the second or third year after a loved one's death that grief hits the hardest, but whether you are experiencing new, raw grief or a lingering sense of loss from previous years this class offers wonderful support and some practical advice for navigating through the holiday season.

The first class will be led by Rev. Tony Hill and his wife, Barbara, at the Trinity United Methodist Church in Elk Mound, WI on Sunday, November 19 from 1:30-3:30 pm. The second class will be led by Sarah Zarbock and Pastor Wendy at the Menomonie UMC on Saturday, December 2 from 3:00-5:00 pm. Both classes will cover the exact same material, so come to whichever one works best for you. Go to griefshare.org and click "Find a Group" for details on how to sign up for either class.

Let's Celebrate!

If you would like us to post in our newsletter birthdays, anniversaries or a note, please let Lori know at the church office in advance.
Your church family would like to celebrate your day!



Find us at:
www.menomonieumc.org



Financial Footnotes

Well, we are starting to feel the chill in the air but weren't the fall leaves spectacular this year? It was an exciting feeling to spot those bright orange, yellow and red leaves with the sunshine shining brightly on them. I cannot help but feel the same excitement as I witness what is happening in our church right now.

Trunk or treat was well received by the community, and it was fun to see so many of our members decorating their trunks and dressing up in costume. Four of our members were on their way to the Emerald City to meet with the wizard after handing out their treats! What fun. We were able to provide a light meal for all that attended.

I am sure many of you have noticed that the painters are hard at it, freshening up the entryway, lobby and soon sanctuary and fellowship hall. We hired Gary's Town and Country Painting to get the work done. Please be patient as things are a bit disheveled as we move things around.

Monday's Meal continues to be a large mission for our church. Starting the middle of November, we will be feeding the 20 residents of the new Stepping Stones Shelter. Most evenings I would expect to serve close to 230 meals. We have a phenomenal volunteer base for serving, running and bagging meals but we need folks who would be willing to take charge of cooking the meals. Anyone willing to lend a hand give us a shout out!

Our congregation continues to be very helpful in supporting UMCOR and the disasters that our country has had in the past several months. If that is your wish please note on your check or envelope, so I know where to designate the funds.

Again, all these activities and missions would not be possible without your contributions. We thank you so very much.

Please do not hesitate to contact me if you have questions or concerns.

Lynn Klatt

Finance@menomonieumc.org

2023 Coat Closet

Winter and Outerwear Distribution

510 Winter St., Boyceville

(Entrance in alley behind building)

Nov. 4, 11, 18 9 am-Noon

Questions call Sonya Zebro 715-308-8435

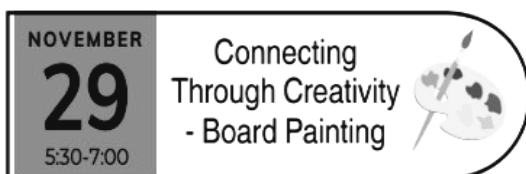
Urgently need Boots of all sizes,

especially 5-9 for bigger kids, snowpants youth sizes 6-16, medium and large adult for older kids, waterproof gloves and mittens. **We presently do not need coats at this time.**

November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Bell Choir practice 5 pm Regular Youth Meeting 6-7:30	2	3	4
5 Blood Pressure Checks. Joint worship w/Grace Bridge. MCCI Leader mtg.	6 Mondays Meal 5-6 pm	7 Bible Study 10 am	8 Bell Choir practice 5 pm Regular Youth Meeting 6-7:30	9	10	11 
12 Youth Sunday Youth helping lead worship and serving brunch	13 Mon. Meal 5-6 pm Mom's Group 6-7 pm	14	15 Bell Choir practice 5 pm Regular Youth Meeting 6-7:30	16 Prayer Shawl 4-6 pm	17	18
19 Celebration of Life honoring all 80 year olds	20 Monday Meal 5-6 pm	21 Bible Study 10 am	22 Youth Wednesday Table 4:45-6 pm Choir 7:00	23 	24	25
26 Celebrating Cognitive and Developmental Differences Sunday	27 Mondays Meal 5-6 pm	28 Bible Study 10 am	29 Bell Choir 5 pm Youth & Church Board Painting, more info to come	30		

Menomonie United Methodist Church Upcoming Events



Connect with us to find out more information!

office@menomonieumc.org | 715.235.0654

facebook.com/menomonieUMC

Office Hours Mon/Wed/ Thurs 9 a.m. – 2 p.m.

Sunday Service 9 a.m.



Literacy Chippewa Valley is looking for volunteers to work as tutors

We have students needing help with GED prep and English Language Learners who are taking classes at CVTC and would like additional help from a tutor. We provide services in Dunn, Chippewa and Eau Claire Counties. If interested, please contact Cindy Bullock 715.834.0222.

MOMS Connect

2nd Monday of the Month
6:00-7:00 pm



The holidays are challenging when
you're grieving a loss.



GRIEF SHARE®

Surviving the Holidays

Provides encouragement, support, and
valuable tools to navigate the season.

Join us for this 2 hour seminar

**Menomonie United Methodist
Church**

2703 Bongey Dr.

Saturday, December 2

3:00-5:00 pm

For more info call Sarah Zarbock at
715-308-1698 griefshare.org/holidays

Church Decorating

It's time to think about
how we will decorate the
church for the upcoming
Advent and

Christmas season.

Do you have an idea or
any ideas for the en-
trance, sanctuary,
or fellowship hall?



Please contact Jane Butsic
at 715-308-6335 or jbutsic@gmail.com,
or contact Pastor Wendy.

New Office Hours

Lori will be in the office

Monday, Wednesday and Thursday

9 am to 2 pm.

With winter approaching this may vary.

Blood Pressure Checks

First Sunday of every month

Prayer Shawl Gathering

Third Thursday of the month

4:00-6:00 PM

Choir Practice

Wednesday at 7 pm. Doors open at 6:45 pm.

Mondays Meal menus are
posted week to week on facebook, at the
church and on the church
website: www.menomonieumc.org and

Youth Ministry Schedule

November 1st - Regular Youth Meeting
6:00pm - 7:30 pm

November 8th - Regular Youth Meeting
6:00pm - 7:30pm

November 12th - Youth Sunday with Brunch
being served after church

November 15th - Regular Youth Meeting
6:00pm - 7:30 pm

November 22nd - Wednesday Table
4:45 pm -6:30 pm Christ Lutheran Church

November 29th - Board painting 5:30 pm
More detail to come.



Bell Choir Practice

Wednesdays at 5:00 pm

Book and Bible Study

1st, 3rd and 4th Tuesday of the month at
10:00 am



Recruiting Dementia Care Partners for a Research Study!

Help us improve hospital care by sharing your experiences and ideas!

Eligibility

Care Partner:

- Provide unpaid care to a relative or friend with Alzheimer's disease or a related dementia diagnosis who has experienced a hospitalization;
- Be at least 18 years or older; and
- Speaks English.

Participation

Care partners will:

- Complete one, 60-minute Zoom interview to share their experiences with hospital care;
- Complete two, brief follow-up surveys about how hospital care could be improved;
- Receive a total of \$100 for participating in this study.

If interested in participating in this study, please email Anne (study coordinator) at ghsrl@education.wisc.edu or call 608-263-7975

Exploring Dementia Caregiving

Do you care for someone with dementia?

Join us for care strategies, resources and support

Fourth Tuesday of the Month

10:30–12:00

Shirley Doane Senior Center

1412 Sixth Street E,
Menomonie

The Dementia Adult Day Services (DADS) program is option during this meeting. To find out more about the availability, make a reservation and cost, contact the Senior Center at 715-235-0954



2023 Dates

January 24
February 28
March 28
April 25
May 23
June 27
July 25
August 22
September 26
October 24
November 28
December 26

Virtual Support Groups



Are you a family caregiver of someone living with dementia? You don't have to do it alone. We have several virtual support groups available

Monday DISH - First Monday of the Month 7-8 pm. Contact Scott at scott.seeger@adrc-cw.org

Circle of Support - Third Tuesday of the month 2-3 pm.

Contact Becky at becky.kamrowski@co.trempealeau.wi.us

Evening Conversations - Every Thursday night 7:30-8:30 pm.

Contact Becky at becky.kamrowski@co.trempealeau.wi.us

Lunch Bunch - Third Thursday of the month 11:30 - 12:30 pm.

Contact Katrina at 715-279-7870

Lewy Body Dementia - Second Wednesday of the month, 6-8 pm. Contact Janell at romatowskij@comcast.net



Virtual Dementia Education Programs

Serving Northwest Wisconsin

Support Groups

Support for individuals caring for or who are concerned about a person living with dementia.

Support Groups:

DISH (working caregivers)

First Monday of the month, 7:00 - 8:00 pm

Scott Seeger, scott.seeger@adrc-cw.org

715-261-6066

Circle of Support

3rd Tuesday of the month, 2:00 - 3:00 pm

Becky Kamrowski,

becky.kamrowski@co.trempealeau.wi.us

715-538-1930

Evening Conversations

Every Thursday, 7:30 - 8:30 pm

Becky Kamrowski,

becky.kamrowski@co.trempealeau.wi.us

715-538-1930

Moving Forward: Life After Dementia Caregiving

2nd and 4th Tuesday of the month, 9:30 - 11:00 am

Jenna Pogorels, jpogorels@alz.org

800-272-3900

Lunch Bunch

3rd Thursday of the month, 11:30 am - 12:30 pm

Katrina Longmire, 715-279-7870

Lewy Body Dementia Caregiver Support Group

2nd Wednesday of the month, 6:00 - 8:00 pm

Janell Romatowski, romatowskij@comcast.net

Amy Lokken, amy@mudmodular.com

Coordinated by the Dementia Care Specialists Serving:
Ashland, Barron, Bayfield, Burnett, Chippewa, Douglas, Dunn, Eau Claire, Iron, Pepin, Polk, Pierce, Price, St. Croix, Sawyer, Trempealeau, and Washburn counties

To locate your local Dementia Care Specialist, visit

<https://bit.ly/dementiacarespecialist>

Local Tribal Dementia Care Specialist, visit <https://dpi.wi.gov/amind/tribalnationswi>

